

Rabbit salad:

Ingredients:

1/2 cup Carrots, grated

¼ cup Jicama, grated

1 ¼ cup Lettuce, chopped

Italian Dressing

Directions:

Mix grated carrots and grated jicama together. Pour on a small amount of Italian dressing. Mix. Place mixture on top of chopped lettuce.

Yield: 4 servings (1/2 cup per serving) **Serving Size**: Each serving providers a ½ cup fruit/vegetable serving at snack.