

Cinnamon Tortilla Chips

Ingredients:

1 whole wheat tortilla, 10 inch (70 grams or 2.5 oz.)
cinnamon sugar
butter flavored cooking spray



Directions:

Preheat oven to 350° F. Coat one side of tortilla with butter flavored cooking spray. Place tortilla spray side down on large baking sheet. Slice into 5 equal size wedges. Sprinkle with cinnamon sugar. Spray sugar side with butter flavored cooking spray. Bake for 8-10 minutes until desired crispness is obtained. Cool before serving.

Yield: 5 servings

Serving Size: Each serving provides a grains/breads serving at snack for children 3-5 years.